



# Bulletin

Volume 73

Number 3

Winter 2025

## *Distinguished Speaker Series*

**Mon., March 10, 2025**

**Normandy Farms**



**"3-D  
Printing"**  
*(includes demo)*

**Presented by:**

**Sasha Sherry, DMD**

Learn how to use 3D  
Printing in the Dental Office

Come for dinner and  
see how 3D printing can  
be implemented in your  
dental office to decrease  
turnaround times and  
improve patient care.



*Continued on Page 15*

**Cocktails - 6:30 PM Dinner - 7 PM  
Meeting - 8 PM  
See page 16 for Registration form.**



## President's Message

Dear Members,

*Warmest Greetings,*

I would like to wish everyone a Happy New Year, and I hope you all had a joyful and restful holiday season. I personally had family visit me here in Pennsylvania as well as travelled to my home state of Ohio for the holidays which I truly enjoyed and was much-needed. I can't believe how fast my nieces are growing up and I am such a proud uncle!

This fall has been a busy time with activities brought to you by the MBDS. The Distinguished Speaker Series and MBDS Happy Hours have continued to be a nice way to learn and connect as dental colleagues - thank you for taking time out of your busy schedules and coming out. I would like to give a huge shout out to everyone who planned and attended the first ever **"Tech and Toys"** event hosted at Montgomery Community College in November. It was a fun-filled and delicious night. Being an oral and maxillofacial surgeon, it was really interesting to see the new

technology and products in other disciplines of dentistry.

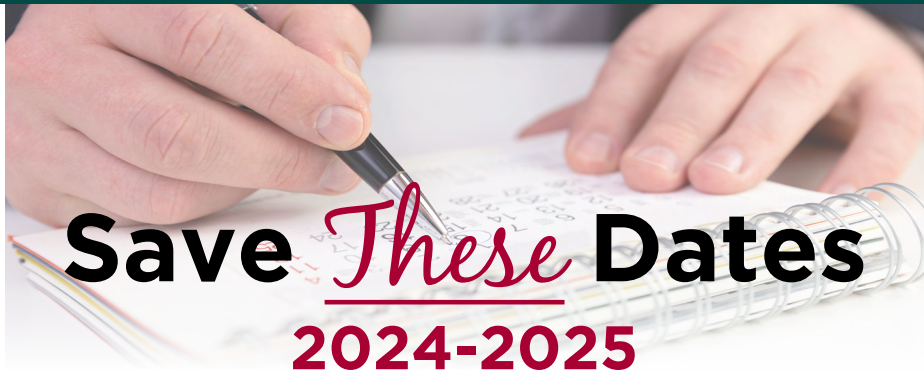
As we look to 2025, I would like to remind everyone that our dental licenses expire on March 31, 2025 and are up for renewal soon. The CE required is 30 hours and must include the 2 hours of Act 31 Mandated Child Abuse Reporter Training and 2 hours of Act 124 Opioid CE (unless you do not have a DEA number or prescribe controlled substances). To help fulfill these requirements, I strongly encourage renewees to register for the course on March 14, 2025 **"Child Abuse, Opioid/Pain, & OSHA Review Licensure Requirements"**. Register now online at [mbds.org](http://mbds.org) as space is limited.

In closing, I wish everyone to stay warm, stay safe, and may 2025 be your best year yet. *Cheers!*

*Mark Kienle*

Mark Kienle, MD, DMD, MBA





**Executive Council Meetings:**  
(held at Normandy Farms Conference Center)  
**Wednesday, March 26, 2025**  
**Wednesday, May 14, 2025**

**Dinner Meetings:** *Cocktail hour beginning at 6:00 & dinner at 7:00*  
(held at Normandy Farms Conference Center)  
**March 10, 2025** – 3D Printing (including Demo), *Normandy Farms*

**Friday Full Day CE Meetings:** *Courses run 9:00 to 4:30*  
(held at Normandy Farms Conference Center)  
**March 14, 2025** – Dr. Angela Stout, Dr. Michael Kaner, Karen Pass  
Act 31: Child Abuse Recognition & Reporting  
Pain Management Alternatives & Identificaton of Addiction  
OSHA Safety & Infection Control Training

**GPVFDC Course**  
**March 28, 2025** – Michelle Strange, *Valley Forge Casino Resort*

**Social Events**  
**February 13, 2025** – Hot Topics, Cold Brews, *Geronimo Brewing*  
**April 10, 2025** – Hot Topics, Cold Brews, *Tired Hands Brewing*

**ARE YOU AN ASPIRING AUTHOR?**

If you have an idea tumbling around in your head that you feel might be interesting to other dental professionals, **MBDS wants to hear from you!**

The MBDS Bulletin is always looking for member-submitted content covering topics of interest to our dental community such as technique tips, case studies, personal victories, etc. All submissions are reviewed, edited, and approved prior to publication.

We'd love to have our members share their perspectives on issues they face in daily practice, insights that they gained through experience, or thoughts about topics faced by dental professionals. Submit your articles to us at either: **MBDSDR@comcast.net** or **DrRachelLewin@gmail.com**

**Deadline for Spring Issue: March 10, 2025**

*The Bulletin (ISSN 0027-0156) will be published four times for the 2024-2025 Year. The Montgomery-Bucks Dental Society and the editorial staff assume no responsibility for articles or opinions expressed in this publication by its contributors, or for omissions from such articles. All articles must reach the editor by the first of the month previous to next issue's publication.*

*Advertising rates are available from the Business Manager, Dr. Thomas A. Howley,  
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**UPDATE**

*by Dr. Cary J. Limberakis*  
*PDA President*

The ADA's 3rd District (Pennsylvania) Delegation gathered in New Orleans in October to attend ADA's SmileCon and the House of Delegates meetings. During their time there the Delegates and Alternates attended Reference Committee hearings during which resolutions submitted to the HoD were debated upon, listened to ADA candidates speeches, participated in caucus meetings, and deliberated and voted upon those resolutions. The HoD voted for ADA President-Elect Dr. Rich Rosato from New Hampshire and Dr. Cody Graves of Texas for Treasurer. Dr. Brett Kessler, of Colorado, who was elected President-Elect the prior year, assumed the duties of ADA President. The HoD voted to keep the dues as is.

In early November, the PDA President was invited, and attended, the PDA's 3rd and 4th Districts continuing education courses and annual meetings, in Wilkes-Barre and Schuylkil Haven, respectively. The following week he attended the 3-Rivers Dental Conference and the annual meeting of the Dental Society of Western Pennsylvania (District 10) in Farmington.

The Governance Task Force completed and disseminated its interim PDA Tripartite Conversion Toolkit to assist the Districts and Components transitioning to Trustee Regions and Tripartite Locals per the new Tripartite structure of the PDA. This necessary change was mostly due to the ADA's new IT platform, Salesforce/Fonteva but will greatly enhance the benefits the PDA and its membership will enjoy.

To address the dental workforce issue, Drs. Jim Mancini, of Erie, and Dr. Limberakis of the MBDS, travelled to Hershey in December to attend the

Pennsylvania School Counselors Association annual conference to promote the dental profession in all its workforce levels. One of the President's admonitions to our membership is that we all make the effort to advocate for and promote dentistry at local high school an college fairs. We must help ourselves first before asking ADA to solve this nationwide problem.



At the most recent PDA Board of Trustees meeting, the Trustees and the Council of Districts representatives met virtually to elect the 2025 group of Delegates and Alternates to the ADA HoD. Twenty-three candidates' Statements of Interest and CV's were reviewed. Six at-large

Delegates and six at-large Alternates were elected, with congratulations going to Dr. Hadi Ghazzouli of MBDS being elected as Alternate. Of the 30-member Delegation, 18 automatic Delegate and Alternate are designated to PDA BoT officers and Trustees. The Board also unanimously voted not to conduct statewide electronic elections when there is only one candidate running for statewide office: ADA Trustee, PDA President-Elect or PDA Treasurer-Elect.

Lastly, I would urge our membership to view the very entertaining biweekly Front Street 411 video newsletter to stay abreast of the latest news, events and developments affecting us.

Respectfully submitted,

Cary J. Limberakis, DMD  
*PDA President*



## 2024-2025 Continuing Dental Education Program



Level: Entire Team

### Seminar #2: Friday, March 14, 2025

Session 1: Act 31 Child Abuse Recognition & Reporting

Session 2: Pain Management Alternatives & Identification of Addiction

Session 3: OSHA Review Post COVID

8:30 Continental Breakfast & Sign-In

9:00 - 4:30 Class includes Buffet Lunch

#### Session 1: Act 31 Child Abuse Recognition & Reporting - Dr. Angela Stout

PDA's program, *Child Abuse Recognition and Reporting for Dental Professionals*, is approved by the Department of Human Services and the PA State Board of Dentistry and will fulfill Act 31 mandatory CE requirements for licensed dental professionals (dentists, hygienists and EFDAs).

##### Course Objectives:

- Understand categories of child abuse as defined by the Child Protective Services Law.
- Recognize universal child abuse indicators.
- Recognize clinical and intraoral pathologies of physical and sexual abuse.
- Understand the legal responsibilities as mandated reporters.
- Know when, how and where to report suspected abuse, and what happens after a report is made.
- Understand the protections for reporters and penalties for failure to report.

**ATTENTION:** Attendees will be asked to provide their full name, license number, date of birth and the last 4 digits of their social security number at the course.

PDA will transmit this information to the state to verify that you completed the course.

#### Session 2: Pain Management Alternatives & Identification of Addiction - Dr. Michael Kaner

The lecture will fulfill the Act 124 of 2016, CE requirement for dentists who have a current DEA registration or use another DEA number (as permitted by law) to prescribe controlled substances. Pain management, identification of addiction and the practices of prescribing opioids will be discussed. 2 CE credits required for dentists who hold a DEA registration or use another DEA number to prescribe controlled substances. 2 CE credits also appropriate for hygienists and dental assistants.

##### Course Objectives:

- Understand the pathology and physiology of pain and addiction.
- Suggest alternative therapies for pain management.
- Assess treatment programs and understand how to refer for treatment.
- Cite the history and politics of opioids.
- Be aware of doctor prescribing habits.

#### Session 3: OSHA Safety and Infection Control Training (2 hours) - Karen Pass

This seminar discusses several OSHA requirements: the Hazard Communication Standard, the Bloodborne Pathogen Standard, and the General Industry Standard (including COVID-19 updates, injury/illness management and reporting, fire and life safety/Emergency Response Plans, workplace violence, and other topics related to health and safety in the dental workplace), and the CDC Guidelines for Infection Control in Dental Healthcare Settings.

Courses held at Normandy Farms Conference Center, Blue Bell, PA

See Page 14 for Registration Form  
or visit [www.mbds.org](http://www.mbds.org)  
Enrollment Limited!



Approved PACE Program Provider  
FAGD/MAGD Credit Approval does  
not imply acceptance by a state  
or provincial board of dentistry  
or AGD endorsement 11/1/2024 to  
10/31/2028

## Protecting Patients: HPV and Oral Health

by Anna Gurdak, Quality Insights, Practice Transformation Specialist

Contrary to popular belief, human papillomavirus (HPV) poses a much greater threat to public health than simply a sexually-transmitted infection. This greater threat occurs when an HPV infection causes cells to mutate and, over time, become cancer cells (National Cancer Institute). HPV causes six forms of cancer, with oropharyngeal cancer being the most prevalent. Up to 70% of all oropharyngeal cancer cases in the United States are thought to be attributable to HPV (CDC). For dental professionals, understanding the link between HPV and oral cancer is essential for protecting patients from vaccine-preventable cancers.



The good news is that the HPV vaccine is effective in protecting patients against the forms of HPV that can lead to oropharyngeal cancers (CDC). According to the Mayo Clinic, HPV vaccination is effective in protecting against all six forms of HPV-related cancers. The HPV vaccine is safe; common side effects are mild, such as soreness and redness at the injection site (Mayo Clinic).

The American Cancer Society National HPV Vaccination Roundtable has created an action guide, specifically for dental health care providers, to outline the role you can play in protecting your patients from HPV-related cancers. While you may not be able to administer the HPV vaccine, you can initiate a conversation with your patients ages 9 to 13 and their parents about the importance of getting the HPV vaccine. These conversations reinforce the fact that HPV vaccination is cancer prevention. After these conversations, if the

parent(s) is (are) ready to vaccinate their children against HPV, be prepared to refer them to a provider who can vaccinate them, such as their primary care provider or a local pharmacy.

HPV poses a serious risk to oral health, and dental professionals play an important role in HPV-related cancer prevention. By staying informed and discussing HPV with patients and parents, you and your dental care team can help reduce the incidence of HPV-related cancers. To dive deeper into this topic, watch the recording of the Quality Insights Dental Professional's

Role in Preventing HPV-Related Cancers one-hour webinar or email Quality Insights Practice Transformation Project Immunization Lead Elise Harry at [eharry@qualityinsights.org](mailto:eharry@qualityinsights.org).

##### References:

American Cancer Society, National HPV Roundtable. *Cancer Prevention through HPV Vaccination: An Action Guide for Dental Health Care Providers* *Cancer Prevention through HPV Vaccination: An Action Guide for Dental Health Care Providers* 2 ACKNOWLEDGMENTS. Sept. 2019. <https://hpvroundtable.org/wp-content/uploads/2018/04/DENTAL-Action-Guide-WEB.pdf>

CDC. "HPV and Oropharyngeal Cancer." *Cancer*, 17 Sept. 2024, [www.cdc.gov/cancer/hpv/oropharyngeal-cancer.html](http://www.cdc.gov/cancer/hpv/oropharyngeal-cancer.html).

Mayo Clinic. "HPV Vaccine: Get the Facts." *Mayo Clinic*, 2019, [www.mayoclinic.org/diseases-conditions/hpv-infection/in-depth/hpv-vaccine/art-20047292](http://www.mayoclinic.org/diseases-conditions/hpv-infection/in-depth/hpv-vaccine/art-20047292)

National Cancer Institute. "HPV and Cancer." *National Cancer Institute*, 4 Apr. 2023, [www.cancer.gov/about-cancer/causes-prevention/risk/infectious-agents/hpv-and-cancer](http://www.cancer.gov/about-cancer/causes-prevention/risk/infectious-agents/hpv-and-cancer)



2025

## Greater Philadelphia Valley Forge Dental Conference

A three-segment day of CE for dentists and staff with speaker and certified infection control educator Michelle Strange, MSDH, RDH

**28**  
MAR

### VALLEY FORGE CASINO RESORT

Continental breakfast and lunch included

FRIDAY	START	END
28 MAR	8:30 AM	3:30 PM

**EVENT FREE** to members of Bucks, Chester, Delaware, Lehigh, Montgomery and Northampton County Dental Societies.

6 CE



### Preserving Smiles: Minimally Invasive Dentistry

*Minimally invasive dentistry represents the cutting-edge frontier of oral healthcare, and this course will serve as your gateway to its myriad of possibilities. Michelle will guide you through a broad scope of topics, ensuring you are well-equipped to deliver the highest level of patient-centered care. Participants will acquire a rich understanding of innovative techniques and strategies that elevate the standard of care and champion the preservation of valuable tooth structures.*



### Would you Pass an Infection Control Audit?

*Are we ensuring each team member can care for patients without causing an infection control breach? If a patient asked our 'grade' for infection prevention, what would it be? Or, if an auditor from the dental board were to walk into your facility right now, what grade would they put on the door when they left?*



### Sustaining Implant Health

*What is the significance of maintenance in achieving long-term success? In modern dentistry, dental implants offer patients a viable option for tooth replacement. However, it's crucial to remember that the treatment of dental implants goes beyond the surgical or restorative phases. Establishing a tailored maintenance program for each patient and their dental implant is essential for long-term success.*



**Michelle Strange, MSDH, RDH** has been a clinician in dentistry since 2000 and is currently a practicing hygienist, speaker, writer, content developer, consultant, and "Level Up Infection Prevention" (podcast) co-host. She is a self-proclaimed dental nerd and sees the dental profession as not only her forever career path but her hobby. With a Master's in Dental Hygiene Education, Certificate in Dental Infection Control and Prevention, and a belief in lifelong-learning, Michelle hopes to see the gap bridged between medical and dental treatment one day.

267.830.8008



Register Online at [WWW.GPVFDC.ORG](http://WWW.GPVFDC.ORG)



## REGISTER TODAY

Now  
**Open**

## Be Well in 2025

Pennsylvania's Dental Meeting (PDM) will be held **April 25-26, 2025**, at **The Desmond Hotel Malvern** with sessions to support you and your dental team, including:

### Courses

on AI, oral pathology and pharmacology to build your clinical confidence and sense of well-being.

### Opportunities

to focus on your physical wellness with chair yoga and discussions on healthy diet, stress management and exercise.

### Workshops

to self-evaluate areas of your life that might need attention in a non-judgmental and safe environment.

### A Poster Contest

for students and residents where our attendees help select the winners and are inspired by the next generation of dentists.

### Fun

social activities and celebrations to recognize our members' many accomplishments.



and must-see...

### Financial Wellness Sessions

to help everyone in any career phase reach their financial goals.

**Attend PDM 2025, earn up to 12 CE credits and make an investment**

**to Be Well clinically, physically, financially and mentally.**

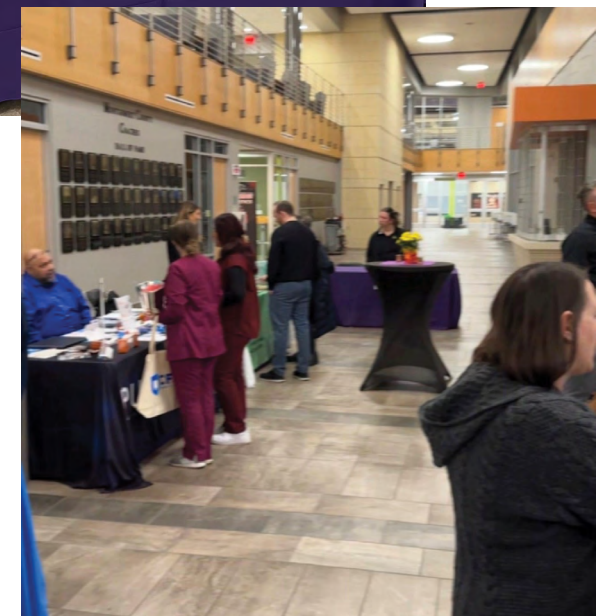
Visit [www.padental.org/PDM](http://www.padental.org/PDM) or contact Rebecca Von Nieda at [rvn@padental.org](mailto:rvn@padental.org).  
The Desmond Malvern, a DoubleTree by Hilton, One Liberty Blvd, Malvern, PA 19355



# Tech & Toys in Dentistry 2024



November 14, 2024  
Montgomery County  
Community College





## UPCOMING Social Events!

Join us for Happy Hour~ 6:30 to 8:30 PM  
**Hot Topics, Cold Brews**

**Thursday, February 13, 2025**

**Geronimo Brewing at Lilly's Jury Room**

1 West Court Street • Doylestown, PA 18901



Open to everyone, even the kids! Let's just hang out and chat about various topics relating to dentistry and topics that affect our members.

Check [www.mbds.org](http://www.mbds.org) for details.

**Thursday, April 10, 2025**

**Brew Café at Tired Hands Brewery**

16 Ardmore Avenue • Ardmore, PA 19003



## Distinguished Speaker Series

**Monday, October 28, 2024**



**Roopali Kulkarni, DMD, MPH**

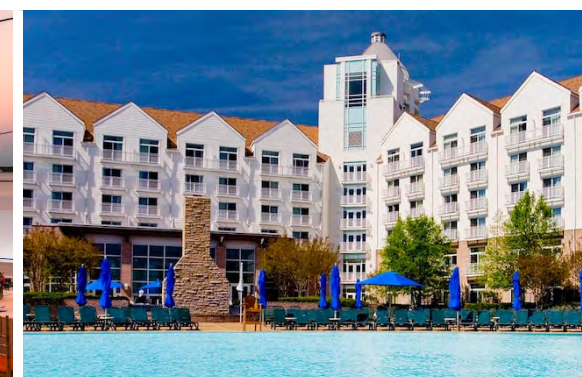
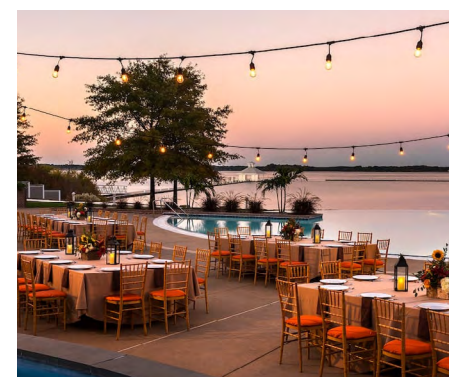
*Presented*

**"Diagnostic Dilemma: Differential Diagnoses of the Oral Cavity"**



## PDA's 3<sup>rd</sup> Annual Family Vacation Dental Conference

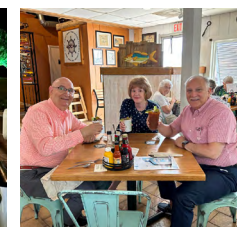
*Bring the family and reserve time for fun, relaxation and CE credits!*



For more information, visit [padental.org/VacationCE](http://padental.org/VacationCE)

**Hyatt Regency Chesapeake Bay Golf Resort, Spa and Marina in Cambridge, MD**

**AUGUST 14 - 16, 2025**







## Join Our Team

We're looking for dedicated volunteers to join our subcommittees to plan events for MBDS!

- ✓ This is a fantastic opportunity to share your skills, and help plan events for MBDS.
- ✓ Whether you have a few hours to spare or can commit more time, your input is invaluable.

Together we can tackle exciting projects and create a positive impact for our dental society.

**YOU CAN MAKE A DIFFERENCE!**  
**CONTACT US TODAY AT MBDSR@COMCAST.NET**



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Thank you MBDS for allowing us to sponsor your events.  
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## Continuing Education Registration Form

All courses are held at **at Normandy Farms Conference Center, in Blue Bell, PA.**  
Includes all breaks, lunch and instructor handouts. Registration is 8:00 AM to 9:00 AM. Courses begin at 9:00 AM and conclude by 3:30 PM.  
\*Enter off Route 202 opposite the Montgomery Community College entrance. Tell them you are attending the dental meeting at the clubhouse.  
Clubhouse is straight back and on the left.

**Six hours of CE credit will be given for each course.**  
**All courses are acceptable for AGD credit.**

- ☐ **Friday, March 14, 2025 -**  
#1: ACT 31 Child Abuse Recognition & Reporting  
#2: Pain Management & Addiction Identification  
#3: OSHA Review Post COVID  
Registrataion open online early October  
**Special Reduced Fees:**  
**MBDS Member Dentists: \$50 • their staff member \$25**  
**Non-Member Dentist: \$95 • their staff member \$50**

8:30 Continental Breakfast & Sign-In  
9:00 - 4:30 Class includes Buffet Lunch

# of Attending Doctors	# of Attending Team	Total Attending	Total Dollar Amount

**TOTAL**

**Note:** No refunds will be made for any reason. Late fee of \$50 will be assessed for registration within 7 days of any course. Doctors are not permitted to transfer admission to the seminars to any other doctor or team.

Doctor's Name: \_\_\_\_\_  
Team Names & Position: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Doctor's ADA # \_\_\_\_\_

**Return this form with check to:**  
**Montgomery-Bucks Dental Society**  
P.O. Box 633  
Green Lane, PA 18054  
215-234-4203  
mbdsdr@comcast.net



Continued from Page 1

**Sasha Sherry, DMD,** Dr. Sasha Sherry grew up with a passion for learning and a drive to achieve excellence across her life interests. Her aspirations brought her to Princeton University where she graduated with a degree in biology and received All-American honors as a Division I athlete. Dr. Sasha, as many of her patients call her, went on to become a member of the United States Women's National Ice Hockey Team and competed for a spot on the 2010 Olympic Team. After her athletic career, she followed in her father's footsteps and graduated from dental school at Temple University as a multiple award recipient for her commitment to patient care and clinical skills.

Joining her father's practice after graduation, she brought the same tenacity that she exhibited on the ice to incorporate the latest in digital dentistry technology to help expand treatment options for her two main dental passions of sleep medicine and full arch dental implant restorations. She currently owns and operates Sherry Dental in Shenandoah, Pennsylvania. Dr. Sherry and her team have spent countless hours increasing their knowledge on 3D printing, smile design and digital workflows. Involvement in various organizations and educational groups combined with a long background in coaching, enables Dr. Sherry to provide a unique approach to the field of dentistry.

Her professional goals include providing better outcomes for more patients by continuous improvement, as well as inspiring other dentists and team members to advance their skills and outreach. When she is not at the office, you can find Dr. Sasha spending warm days on the golf course and cold days on an ice hockey rink.

Stay Connected to MBDS with Social Media

QR codes for website, Facebook, and Instagram.





**MONTGOMERY-BUCKS DENTAL SOCIETY**

P.O. Box 633  
Green Lane, PA 18054

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**REGISTRATION FORM**

*Distinguished Speaker Series*

**Monday, March 10, 2025**

*3-D Printing*

If you want to mail a check, please return this form with your check to:  
MBDS PO Box 633 Green Lane, PA 18054-0633

Doctor Attending Menu Selection: ☐ Fish ☐ Chicken ☐ Vegetarian

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

Other Attendees: ☐ Fish ☐ Chicken ☐ Vegetarian

Name: \_\_\_\_\_

Name: \_\_\_\_\_

"Comp" meals may be used for this event but only for pre-registered meals.

Email: [mbdsdr@comcast.net](mailto:mbdsdr@comcast.net) to verify that you are eligible.

\$60.00 per person Total Attending ( ) x \$60.00 - \$ \_\_\_\_\_

\$75.00 if **received** after 3/3/2025 or on-site.